



WATER SAFETY GUIDELINES

Historic Gilchrist Waterfront Resort



WATER SAFETY GUIDELINES FOR RECREATION AT HISTORIC GILCHRIST WATERFRONT RESORT

At Historic Gilchrist Waterfront Resort, your safety is our top priority. To ensure a safe and enjoyable experience for everyone, we ask that all guests adhere to the following water safety guidelines:

General Guidelines

1. **Supervision:** Children under 14 must be supervised by an adult at all times when near or in the water.
2. **Swimming Proficiency:** Only swim in designated areas if you are a confident swimmer. If unsure of your swimming abilities, please stay in shallow water.
3. **Swimming Alone:** Never swim alone. Always use the buddy system, even if you're an experienced swimmer.
4. **Alcohol & Swimming:** Refrain from consuming alcohol before or during water activities. Alcohol impairs judgment and increases the risk of accidents.
5. **Life Jackets:** Wear a life jacket when participating in boating or water sports. Non-swimmers and children should wear life jackets near the water's edge.
6. **Weather Awareness:** Pay attention to weather conditions. If you see lightning or hear thunder, immediately exit the water and seek shelter.
7. **Health & Hygiene:** Avoid swimming if you have open wounds, are feeling unwell, or have a contagious condition.



Specific Activity Guidelines

1. **Swimming Areas:**

- Only swim in designated swimming areas marked by buoys or signs.
- Avoid diving in shallow water or unfamiliar areas to prevent injury.
- Respect the swimming boundaries and do not venture into restricted zones.

2. **Boating:**

- Ensure your boat is equipped with all required safety gear, including life jackets, flares, and a whistle.
- Do not overload the boat with passengers or equipment beyond its capacity.
- Stay clear of swimmers and maintain a safe distance from the shore.
- Familiarize yourself with boating regulations and speed limits in the area.

3. **Fishing:**

- Cast your line in designated fishing zones only.
- Keep fishing gear away from swimming and boating areas.
- Be mindful of others when handling hooks and fishing equipment.

4. **Kayaking & Paddleboarding:**

- Wear a life jacket at all times.
- Stick to designated areas for these activities, away from swimmers and motorized boats.
- Be aware of the currents and tides before setting out.

Emergency Procedures

1. **Rescue Stations:** Familiarize yourself with the location of rescue stations, lifebuoys, and first aid kits.
2. **Emergency Contacts:** Keep emergency contact numbers handy, including the resort's emergency hotline.
3. **In Case of Emergency:** If you witness someone in distress, do not attempt a direct rescue unless you are trained. Instead, use a lifebuoy, call for help, and notify the nearest staff member immediately.

Respect Nature & Wildlife

1. **Marine Life:** Avoid touching or disturbing marine life. Some species can be harmful if handled improperly.
2. **Environment:** Dispose of trash properly and keep the waterfront clean. Never leave glass bottles or sharp objects near the water.

Thank you for following these guidelines to ensure a safe and enjoyable experience at Historic Gilchrist Waterfront Resort. If you have any questions or need further assistance, our staff is always available to help. Enjoy your stay!